## Sonya Ansari CENTER FOR AUTISM

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To Whom It May Concern:

This letter serves as a recommendation letter for Mr. David Geslak and the Exercise Connection. I met Mr. Geslak during an Autism conference in South Bend, Indiana and we discussed at length having him come to present his Exercise Connection to the families at the Sonya Ansari Center for Autism, located in South Bend, Indiana. Through these discussions and negotiations, the organization decided to also start an exercise program through our recreation therapy program utilizing his Exercise Connection program concepts to assist the families try to work towards better health.

During his first presentation with the families, it was very apparent the professionalism and passion that Mr. Geslak possesses. He truly cares about health and the families that he works with. His passion exudes throughout his whole being and through his work with individuals with special needs. The staff and parents were so impressed with Mr. Geslak's approach to whole body health and fitness that they recommended he come back and speak to Michigan families that the organization serves in an Autism Symposium. Again, Mr. Geslak was able to connect to the families and discuss the success of the program and how the families could connect to that success.

I would recommend Mr. Geslak and the Exercise Connection program highly to any individual or organization that is interested in exploring total body health and how to exercise with individuals who have special needs. Not only is he a wonderful professional but he also personally cares about his vision that he is conveying. We will definitely be utilizing the Exercise Connection for future programming needs.

Sincerely,

Julie A. Cagle, MS, CTRS

Autism Program Development Specialist

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Member of Indiana Autism Coalition

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