



NNSSED
Northern Suburban
Special Education District

Dr Timothy Thomas
Superintendent

Heather Miehle
Director of Programs and Services

December 11, 2013

Dear David and Laura,

Thank you very much for the continued collaboration between Exercise Connection and NNSSED. As you know based on our recent discussion, we are very pleased with the progress and direction of the pilot in one of our junior high classrooms. Over the last six weeks, NNSSED staff members and parents have observed enormous progress in our students. Some students are participating in general education physical education classes with their peers with greater success than before. Some students are demonstrating greater body image and awareness in their daily lives, and some of our students are even losing weight and exercising more independently. This is all very exciting to us and very positive for our students.

Based on that feedback, I would like to develop a proposal and plan for how we might be able to implement the Exercise Connection program through all of our life skills classrooms. In total we have 26 classrooms across the north shore. The Educational and Life Skills program serves students age 6 through 21. I look forward to our meeting in January to discuss in more detail.

Best,


Heather Miehle